

ACCESSING THE INFORMATION, LEAFLETS AND BOOKLETS

The information highlighted in this leaflet aims to help you be aware of the information available to you to understand what to expect from providers to receive **GOOD** services and keep yourself **SAFE**.

The information is available from the featured organisations' websites .

Alternatively you can receive the booklets, factsheets and leaflets provided by the 3 organisations (CQC, Which? and Independent Age) by contacting your local Healthwatch:

01344 266911 or

01753 851725

WEBSITE DETAILS FOR INFORMATION, LEAFLETS AND BOOKLETS

Care Quality Commission

www.cqc.org.uk/help-advice/what-expect-good-care-services/what-expect-good-care-service

Independent Age

www.independentage.org/information/support-care/care-homes

www.independentage.org/information/support-care/help-at-home

www.independentage.org/information/support-care/paying-for-care

Which?

www.which.co.uk/older-life-care/home-care/organising-home-care

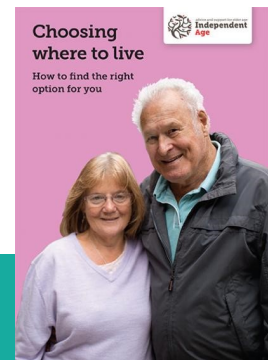
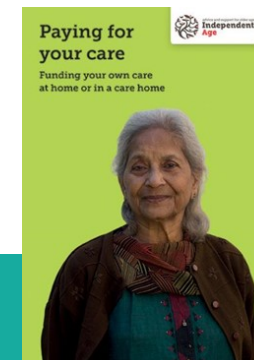
www.which.co.uk/older-life-care/housing-options/care-homes



**Bracknell Forest and
Windsor & Maidenhead**
Safeguarding Adults Board

EVERYONE DESERVES GOOD CARE

Your local Safeguarding Adults Board wants you to know what to expect from **GOOD** care – whether it's from a care home or from someone coming into your home. This leaflet contains information on free guides that will help you choose **good** care and stay **safe**.



Support at home. Where to find information and help

Independent Age has information and guides covering:

- How to stay safe at home
- Loneliness
- Help at Home
- Paying for your care/ care costs

The Care Quality Commission has information on:

- Good care from a home care agency
- What good home care should look like

Which? has factsheets and advice on:

- questions to ask when people are helping you in your own home
- Employing someone



Which? has factsheets and advice on:

- What a care home should be like
- How to find care homes near you



The Care Quality Commission has information on:

- What to expect from a good care home
- Care home guides



Independent Age has information and guides covering:

- Types of housing
- Care Homes

Care homes. Where to find support and information